

The Flame

www.community-sharing.org

Summer 2019

Highland, MI 48356

Mail: P. O. Box 405 Highland, MI 48357

248-889-0347 info@community-sharing.org

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Coming Events

Golf Fundraiser June 7, 2019 Dunham Hills Hartland

Save the Date Empty Bowl Event November 3, 2019 Bakers of Milford

New Sponsor-A-Shelf Program Keeps Pantry Shelves Stocked



Proud First Sponsor: Milford Presbyterian Church (Sandi Muirhead & Virginia Mantela)

We now have a new opportunity for businesses, organizations and families to participate at the food pantry: Sponsor-A-Shelf. Simply make a pledge, purchase the food and come in to the pantry to stock the shelf.

Feeding families and individuals in need throughout the Huron Valley School District is a huge undertaking. Community Sharing does it by relying on donations from individuals as well as proceeds from fundraisers. These funds allow CS to purchase food in great quantities from food banks. "We wanted to add a new dimension - having you in the pantry to be a part of feeding hungry families in our communities," says Erin Welsh, Program Coordinator.

Store brands and name brands are not usually seen on pantry shelves because food banks sell generic items to pantries such as Community Sharing. With Sponsor-A-Shelf we can take it up a notch. With your help, Sponsor-A-Shelf would give Community Sharing clients the option of selecting from store or name brand items like cereal, mac & cheese, tuna, soups and canned pastas. Since the pantry can reduce its costs of stocking these items we can use the funds to purchase more fresh produce, meats and dairy items.

Sponsor-A-Shelf is easy – select an item from the matrix on page 2. Make a commitment of one month, one quarter

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or one year. Purchases in these quantities will help immensely with projected purchases. With each pledge, your business, organization or family name will be posted, along with your picture, on Community Sharing's Facebook page (for you to share), and it will be listed on the website. You can stock the shelf yourself or have a Community Sharing volunteer stock it. (Of course, you can always make a donation for a listed food item and volunteers will shop and stock the shelf for you.)

Determine what fits your budget and complete the form on page 4. You can mail it or give the form to any Community Sharing volunteer. Alternately, you can visit our website for the on-line form at www.community-sharing.org (under "Participate"). Community Sharing is excited to offer this new program and to share the benefits with you. Our coordinator will see to it that your inquiry is answered and we hope that you will soon be filling a shelf.



Judi Crawford of Staff Now! filling her shelf.

Pantry Item	Minimum Monthly	For Reference Only Monthly Amount Needed	Size of Item	Cost of Item	Monthly Donation	Quarterly Donation	Annual Donation
Mac & Cheese	50	240	7.2 oz	\$1.00	\$50.00	\$150.00	\$600.00
Canned Pasta	50	240	15 oz	\$1.25	\$62.50	\$187.50	\$750.00
Hearty Soup	50	240	19-20 oz	\$2.00	\$100.00	\$300.00	\$1,200.00\$
Tuna	50	120	12 oz	\$2.50	\$125.00	\$375.00	\$1,500.00
Peanut Butter	50	240	16 oz	\$2.50	\$125.00	\$375.0	\$1,500.00
Jelly	50	120	18 oz	\$3.25	\$162.50	\$487.50	\$1,950.00
Cereal	50	240	15-18 oz	\$4.00	\$200.00	\$600.00	\$2,400.00

Spring Luncheon Honors Senior Clients With a Special Day

Because isolation and loneliness are primary concerns for seniors today, we know CS clients experience this too. With the additional stress of financial limitations, it makes some days even more difficult. A dedicated group of CS volunteers asked, "What could we do to reduce the isolation, the loneliness?" They put their heads together and designed - A DAY FOR YOU.



This event was at Community Sharing on May 2, 2019, hosted by CS volunteers who purchased and prepared special foods. As part of A DAY FOR YOU, the guests were able to select a few items of summer apparel from the CS Clothing Closet, and enjoy some BINGO with donated items as prizes. As a parting gift, these special clients were treated to a coupon for a free haircut, sponsored by CS and discounted by J-Klips in Highland. For those needing additional support, whether emotional or financial, assistance was nearby.

"This team of volunteers used their time and resources to lighten spirits, demonstrating that they are a group who sincerely cares about seniors - all seniors," says volunteer Beth Frydlewicz.



Community Sharing Outreach Center Golf Outing Fundraiser

Join Us ~ June 7, 2019



Registration: 8:04 - 9 a.m. Chuck-a-putt: 9:09 a.m. Shotgun Start: 9:29 a.m. Continental Breakfast Luncheon Following Golf

Fee: \$100/Player Lunch only: \$25

Dunham Hills Golf Club 13561 Dunham Road Hartland, Michigan

Register Online: www.community-sharing.org



Gold Sponsor \$1000

Includes name on website plus:

One (1) foursome and sign on tee-box

Silver Sponsor \$500

Includes name on website plus:

One (1) twosome and sign on tee-box

Bronze Sponsor \$100

Includes name on website plus:

Sign on tee-box



For More Information Call or Email 248-889-0347 ~ info@community-sharing.org (ref: Golf)

Signup Online at: WWW.COMMUNITY-SHARING.ORG (GOLF OUTING)



Sponsor Information

Sponsor-A-Shelf Inquiry

Community Sharing is happy that you are interested in our Sponsor-A-Shelf program. Please complete the following and mail to the address below. We will contact you as soon as possible. If you have questions, feel free to contact our coordinator. Thank you.

Organization:								
Contact Name:								
Address:				70				
Phone:	Email:							
Sponsor-A-Shelf Interest								
Pantry Item (circle item(s)):		• Canned Pasta • Peanut Butter		• Cereal				
Circle One:	• One Month	• One Quarter	• One Year					
If you would like to make a donation, requesting Community Sharing make the purchase and stock the shelf for you, please indicate \$ to cover the cost of your selected pantry items.								
If you are interested in personally delivering pantry items we will have volunteers available to assist you on Mondays between 10 a.m. and 1 p.m. Will this work for you? • Yes • No If "no" our coordinator will make special arrangements with you.								
Would you be interested in C Community Sharing Website	, 1850		45/000 70 /	h as on Facebook,				
Indicate name exactly as you would like it publicized:								

Please mail this form to: Community Sharing Outreach Center, Attention: Sponsor-A-Shelf 5061 N. Duck Lake Rd., Highland, MI 48356

Program Coordinator: Erin Welsh ~ 248.889.0347 ~ erin.welsh@community-sharing.org

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Community Partnership Helps Keep Clients' Homes Warm, Safe

Heat bills are not a concern in summer, but are a major issue for several Community Sharing (CS) clients when temperatures drop. CS ensures clients' homes are warm in winter thanks to a partnership with Oakland Livingston Human Service Agency (OLHSA), a non-profit human service agency assisting senior citizens, persons with disabilities and people suffering from economic hardship. Like CS, the goal is to help clients achieve self-sufficiency.

For example, a 63-year-old client's heating costs rose to an unmanageable level this past winter – exceeding what he could afford to pay on a minimal fixed disability income. The CS/OLHSA team stepped in to help provide him with enough propane for the season. They also matched him with other programs to provide additional assistance for weatherization and home safety.

Case Manager Kelly Kirchner describes this client as "the best neighbor's neighbor." She says, "He has a positive outlook, humble manner and expresses his appreciation by reaching out to help others in ways he is able."

In the past six months, the combined resources helped meet the basic needs of over 80 clients. Since May of 2018, this partnership has resulted in savings for CS. OLHSA programs helpful to CS include:

- Consumer Energy and DTE Michigan Energy Assistance Program providing refrigerator replacement, low cost lighting and insulation.
- Resource Advocacy matches clients with appropriate services.
- Home Injury Control helps senior citizens with home safety items.
- Home Weatherization provides home audits, furnace repair/replacement and other energy efficient measures to help reduce costs.

"This partnership is a perfect match," says Reisa Hamilton, OLHSA Client Service Coordinator, who shares work space with CS two days a week. "This partnership creates a circle of support. By working together both agencies are better able to meet the needs of community members."

Students to Receive New & Gently Used Clothes for First Day of School

We all know kids love to shop before the start of school and wish to have a new outfit or two. Unfortunately, families with financial struggles are sometimes unable to provide those new items for

back-to-school. So several years ago Community Sharing launched a "new and gently used" clothing and shoe drive to help plus the 600 children serviced by our organization. We are here to help out again this year. Collection has started and will continue through August 12, 2019.



To help, please deliver new or "gently used" clothing, sizes 5T through adult teen, as well as shoes, to Duck Lake Center. There will also be collection bins conveniently located in Highland and Milford - watch for signs and postings on Facebook. If you wish to purchase something new, underwear and socks are those "must be new" items. (Items are available on Community Sharing Amazon Account for your convenience.) If you prefer to donate personal items, needed items are:

- ✓ Body Wash (Children, Male & Female)
- ✓ Shampoo (Children & Adult)
- ✓ Hair Products
- ✓ Deodorant
- ✓ Toothpaste & Brush (Children & Adult)
- ✓ Hair Brush
- ✓ Comb

"These personal items are things that add to the excitement of a free shopping day at Community Sharing," says Karen Libby, Volunteer Coordinator. We hope the kids feel special, have fun and that you, our donors, delight in knowing there will be lots of happiness at CS on August 22 & 27, 2019, as the kids shop for their school clothes."

The 5 Ways Giving is Good for You



- 1. Giving makes us feel happy. Parts of the brain associated with pleasure, social connection and trust, create a "warm glow" effect, releasing endorphins that produce positive feelings known as "helper's high."
- 2. Giving is good for our health. Possible reason it can reduce stress which sometimes lowers blood pressure.
- 3. Giving promotes cooperation and social connection. When you give you are more likely to "get back." These exchanges strengthen our ties to others and our community.
- 4. Giving evokes gratitude. It has been found that gratitude is integral to happiness, health and social bonds.
- 5. Giving is contagious. Each "giver" can influence another, then another and another...

To read more about the 5 ways giving is good for you, go to the Greater Good Magazine on line.

Community Sharing (CS) covers the gap for children ages 4-18 that are not able to participate in the National Lunch Program over the summer. If you would like to contribute, the following items are needed to fill tummies this summer.

Peanut Butter
Granola Bars
Peanut Butter Crackers
Microwavable Soups
Single Serve Chips/Pretzels

Applesauce
Juice Boxes
Cheese Crackers
Fruit & Jell-O Cups
Ramen Noodles

We are available to accept your donations of food, clothing and garage sale items

on...

Monday through Thursday 10 a.m. - 1 p.m.

2nd & 4th Tuesday 6 p.m. - 8 p.m.

2nd Saturday of each month 10 a.m. - Noon

Milford & Highland Seniors

Contact us for special pick-up arrangements for your donations.

Newsletter Team:

Jelly

Marcia Black, Beth Frydlewicz, Doris Landry-Kruse, Claudia Schimetz, Jennifer Shoemaker and Jennifer Wohletz.

Email story ideas to: dlandrykruse@community-sharing.org

